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Classical Homeopathy - Psychosynthesis



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"Humankind has not woven the web of life. We are but one thread within it. Whatever we do to the web, we do to ourselves. All things are bound together. All things connect." -- Chief Seattle

Holistic Homeopathy

Homeopathy is often referred to as an alternative form of medicine. In reality it is much more than that - it is a sophisticated science that provides people with the health they need to live their lives to the fullest. One of its greatest strengths is in prophylaxis - the strengthening of the body and mind to maximize the ability to prevent the onset of disease and if it should develop, to give the body the maximum ability to heal and recover. However, most people come to homeopathy, or to any other form of medicine or medical care, only when they are sick. An examination of just a few of the areas where homeopathy has proven itself to be safe and powerful channel for cure and recovery will show the huge potential for homeopathy to become an important part of the modern lifestyle. Homeopathy is a holistic form of care and treatment that enables people to maximize the quality of the lives they lead.



Depression And Anxiety

Depression can wreak havoc with both home and work life and is a common cause for the disintegration of families and careers. Traditional medicine treats anxiety and depression by prescribing drugs that suppress the symptoms and tries to bring emotions to a balanced plateau. But the cause of the problem remains untreated. Additionally drugs come with side effects that are often deadly. An improvement in the visible symptoms does not mean that the condition itself has improved. The patient may feel better, but the risk of a sudden relapse that could lead to extreme measures like violent behavior, antisocial tendencies and suicide remain. Also, the effect of drugs varies from person to person and often they have no visible effect. The side effects are many and include affecting the natural immune system and metabolism, brittle bones, stillbirths and many more.

The causes of anxiety and depression are many and finding the cause of the problem is crucial for long term cure. This is what homeopathy does by examining each person's lifestyle, symptoms and environment to identify the root of the problem. Once this is done a course of medication that is targeted at the specific case is prescribed. With homeopathy the recovery is not accompanied by any side effects of increased toxicity. So there are no drug induced health problems.

Appointments and Phone Calls

My answering service will take routine calls between 8 a.m. - Midnight.
They are instructed to take any urgent or emergency call 24 hours/ day or night.
14583 Big Basin Way-Unit 3B, Saratoga, CA. 95070-6072
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Headaches

Headaches are among the most common of medical problems. Traditional medicine prescribes analgesics to suppress the pain, which could emerge later with increased force. The root cause of the pain is not addressed. Homeopathy treats the cause of the headache to not just eradicate the pain but more importantly to eliminate the cause and to reduce to a minimum the possibility of recurrence. Looking at a few of the homeopathic treatments available will show how specific and targeted the treatments are.



Pain at the base of the nose, between the eyebrows or above one eye that travels to the other eye are sinus based and are often brought on by changes in atmospheric pressure. Kali Bichromium30 will eliminate the current pain, delay the next attack and progressively reduce the chances of repeat attacks.

Ice cream headaches (that are caused by eating ice cream) can be treated with Pulsatilla 30. Nux Vomica will treat headaches brought on by indigestion, constipation or by the ingestion of prescription drugs. Headaches brought on by excessive exposure to the sun can be treated with Belladonna 30. Those caused by worry, stress and anxiety can be treated by Ignatia 30.

Migraines are the worst and can affect the quality of life of the patient. Iris 30 offers both immediate relief from the pain as well as a reducing frequency of recurrence.

There is a homeopathic medicine for every type of headache.

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Classical Homeopathy
Body-Mind-Spirit
Transpersonal Counseling
Standard Process Whole Food Nutrition

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My Focus is on treating the whole person: the body, the emotions, the mind, and the spirit.